
SC Association of
Cardiovascular & Pulmonary
Rehabilitation



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36th IN-PERSON ANNUAL SYMPOSIUM

April 26, 2024

LOCATION:

Girl Scouts of South Carolina:
The Cathy Novinger Leadership Center
1107 Williams Street, Columbia, South Carolina

Friday, April 26, 2024

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8:00 am - 9:00 am	REGISTRATION
8:30 am - 9:00 am	Opening Remarks and Awards Presentation David Collins, MS, President - SCACVPR
9:00 am - 9:45 am	Amyloidosis: You Only Find What You are Looking For James O. Ampadu, MD
9:45 am - 10:15 am	<u>Break and Visit Vendors</u>
10:15 am - 11:00 am	Optimizing Cardiac Rehabilitation Referral, Enrollment, & Participation with the Million Hearts/AACVPR Cardiac Rehabilitation Change Package, 2nd Edition Haley Stolp, MPH
11:00 am - 11:45 am	What's Up with Diabetes - Panel Discussion Kay MacInnis RDN, LD, Amy Starks, PharmD, CDCES, Kayce Boggs, MA, RDN, LD, CDCES
11:45 pm - 12:45 pm	<u>Buffet Lunch and Visit Vendors</u>
12:45 pm - 1:30 pm	Management of Atrial Fibrillation and Atrial Flutter Christopher Rowley, MD, FACC, FHRS
1:30 pm - 2:30 pm	<u>Breakout Sessions</u>
<u>Program Management</u>	
1:30 pm - 2:00 pm	Quitline Services for Cardiovascular and Pulmonary Rehab Patients Kathleen L. Wynne, Ed. D., MSW
<u>Clinical</u>	
2:00 pm - 2:30 pm	Exercise Prescription for Heart Failure with Preserved EF - Carol R. "Sissy" Rosebrock, MS
2:30 pm - 3:00 pm	<u>Break and Visit Vendors</u>
3:00 pm - 4:00 pm	Going from "Group" to "Team"! Jim Fadell, BS, ChE, MBA
4:00 pm - 4:30 pm	Symposium Summary and Wrap-up
4:30 pm	Happy Hour

CONTINUING EDUCATION CREDITS

This activity has been planned and implemented by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) for the advancement of patient care. This course has been approved by the Professional Education Committee of the American Association of Cardiovascular and Pulmonary Rehabilitation for a maximum of 5 CEUs

Continuing Education Credits.

The 2024 South Carolina Association of Cardiovascular and Pulmonary Rehabilitation's Scientific Symposium is designed for exercise physiologists, dietitians, nurses, respiratory therapists, physical therapists, social workers, and patient educators.

The South Carolina Association of Cardiovascular and Pulmonary Rehabilitation reserves the right to modify speakers, topics, and learning objectives.

The South Carolina Association of Cardiovascular and Pulmonary Rehabilitation will gladly assist registrants with special needs.

FACULTY

James O. Ampadu, MD

LVAD Medical Director, Advanced Heart Failure Cardiologist, Clinical Assistant Professor of Internal Medicine, Prisma Health Midlands, Columbia, SC

Haley Stolp, MPH

Health Scientist, Centers for Disease Control and Prevention, Atlanta, GA

Kay MacInnis, RDN, LD

Diabetes Care & Education Specialist, Physician Network-Clinical Support Services Lexington Medical Center, West Columbia, SC

Amy Starks, PharmD, CDCES

Internal Medicine Clinical Pharmacist, Lexington Medical Center, West Columbia, SC

Kacey Boggs, MA, RDN, LD, CDCES

Certified Diabetes Care, Lexington Medical Center, West Columbia, SC

Christopher Rowley, MD, FACC, FHRS

Cardiac Electrophysiologist, Lexington Cardiology, West Columbia, SC

Kathleen L. Wynne, Ed.D., MSW

Manager, SC DHEC, SC Tobacco Quitline, DHEC Division of Tobacco Prevention and Control Columbia, SC

Carol R. "Sissy" Rosebrock, MS

Exercise Specialists, Spartanburg Regional Healthcare System Heart Wellness Center, Spartanburg, SC

Jim Fadell, BS, ChE, MBA

President, Carolina Training and Assessments, Columbia, SC

Learning Objectives

Amyloidosis: You Only Find What You are Looking For

Distinguish the types of cardiac amyloid.

Understand patient populations at risk for cardiac amyloid.

Recognize/Diagnosis cardiac amyloid.

Treat cardiac amyloid.

What's Up with Diabetes

Discuss strategies and tools for incorporating technology and apply a patient-centered approach in the use of diabetes technology in patient care.

Apply current evidence-based recommendation to individual pharmacologic plans to optimize blood sugar management surrounding new classes of medications.

Describe current American Dietary Guidelines and the revised Standard of Care for Diabetes Self-Management

Education for nutrition recommendations.

Management of Atrial Fibrillation and Atrial Flutter

Understand pharmacologic and non-pharmacologic treatment of atrial fibrillation and atrial flutter.

Understand stroke risk assessment as well as pharmacologic and non-pharmacologic risk mitigation strategies.

Understand the difference between atrial fibrillation and atrial flutter.

Quitline Services for Cardiovascular & Pulmonary Rehab Patients

Primary health effects of smoking and vaping for cardiovascular and pulmonary rehab patients.

Evidence-based interventions for smoking and vaping cessation.

Free counseling and medication support for patients who smoke or vape.

Special medication considerations for cardiovascular and pulmonary rehab patients.

Optimizing Cardiac Rehabilitation Referral, Enrollment, & Participation with the Million Hearts/AACVPR Cardiac Rehabilitation Change Package, 2nd Edition

Understand how to use the Million Hearts/AACVPR Cardiac Rehabilitation Change Package, 2nd Edition.

Increased awareness of high impact strategies to increase cardiac rehabilitation referral, enrollment, and participation.

Identification of at least 3 tools or resources you can apply to increase participation in cardiac rehabilitation.

Exercise Prescription for Heart Failure with Preserved EF

What Do the "Experts" Say? Continuous Exercise vs

High Intensity vs Resistance Training

Monitoring considerations for the patient

How to implement this exercise prescription

Going from "Group" to "Team"!

Gain an understanding of what distinguishes a cohesive team from a group of coworkers.

Recognizing the benefits of collaboration and commitment.

REGISTRATION

36th Annual Symposium

April 26, 2024, Friday only

[PAY ONLINE OR BY CHECK](#)

First Name

Last Name

Nickname

Address

City

State

Zip

Office Phone Number

Email Address

Program Affiliation

Registration Fee

Registrants: \$100.00

Students: \$ 10.00

Amount Enclosed: _____

Registration Online

Go online to register by credit card

<http://www.scacvpr.org/scacvpr-annual-symposium/>

(Please note online registration
will **CLOSE** April 19, 2024.)

Or

Make check payable to:

SC Association of Cardiovascular and Pulmonary
Rehabilitation and mail with registration form to:
SCACVPR,

Attention: April Koon

132 Westpark Blvd, Columbia, SC 29210

For more information, contact

April Koon at aprilkoon@scmedical.org or

(803) 612-4187

**If paying by CHECK, it MUST be received by
April 19, 2024.**



Girl Scouts of South Carolina-Mountains to Midlands

**The Cathy Novinger Leadership Center
1107 Williams Street
Columbia, South Carolina 29201**



RAFFLE AND SILENT AUCTION

This year, we will have our raffle during the Annual Symposium along with a silent auction. There will be many prizes, so have some fun and participate. All of the proceeds will go to the South Carolina Association of Cardiovascular and Pulmonary Rehabilitation's Annual Symposium.

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Rehabilitation



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